



**KANPUR
ORTHOPAEDIC
ASSOCIATION**



**UTTAR PRADESH
ORTHOPAEDIC
ASSOCIATION**



**REGENCY
HEALTHCARE**
ENSURING WELLNESS ENRICHING LIVES

2nd | **HAND & WRIST** KANPUR | COURSE-2019

Under Aegis of UPOA

S U N D A Y

10th MARCH, 2019

Hotel Royal Cliff, Swaroop Nagar, Kanpur



**Dr. Abhijeet
Wahegaonkar**

Faculty Member



**Dr. Anil
Bhat**

Faculty Member



**Dr Aroop
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ORGANIZED BY
KANPUR ORTHOPEDIC ASSOCIATION
IN ASSOCIATION WITH
REGENCY HOSPITAL, KANPUR

Invitation

Dear Colleagues & Guest,

Hand & Wrist Injuries are one of the most common Injuries but it's neglected and misunderstood. We are glad to invite you all for the 2nd Kanpur Hand & Wrist Course organized by Regency Hospital along with Kanpur Orthopaedic Association. The faculty members are internationally recognized experts in hand surgery & have been selected for their knowledge, experience and contribution relating to the subject matter they present

Why to attend :

Objectives of course are upon completion of this course the participants will be able to :

Identify radiographic features of distal radius carpals metacarpals and phalanges.

Recognize distal radius fracture pattern, understand indication for surgical & non-operating treatment and apply an appropriate treatment algorithm to find the optimal surgery approach for these injury.

Recognize various fracture pattern of Meta carpal & phalanges and their importance regarding stability, understand indication for conservation & surgical treatment.

Identify PIP joint fracture dislocation & appropriate treatment algorithm for these injury.

Identify patterns of carpal instability and appropriate treatment for these.

Apply an evidence based approach towards management of scaphoid fracture & non unions.

Understand the complex anatomy of the ulnar side of the wrist.

Salient Features :

Surgical Videos

Orthopaedic Surgeries
view on Hand and
Wrist Injury

Case Discussion

Panel Discussion



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DR. JAMAL ASHRAF



President Elect UPOA

DR. APOORVA AGARWAL



UPOA Secretary

DR. ANUP AGARWAL



KOA President

DR. RAJENDRA NATH



Chief Guest

DR. ATUL KAPOOR



Organizing Chairman

DR. P. M. GADRE



Organizing Secretary

DR. AJEET TIWARI



KOA Secretary

DR. RAVI GARG

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For
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are any Queries
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SCHEDULES

Timing	:	09:00 AM to 03:30 PM
Registration	:	08:00 AM to 08:30 PM
Breakfast	:	08:30 AM to 08:45 PM
Inauguration	:	12:30 PM
Lunch	:	01:00 PM
TeaBreak	:	03:30 PM

TENTATIVE SCIENTIFIC PROGRAMM

09:00am - 09:30am	PG Workshop : Wrist and Peripheral Nerve Examination
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SESSION I

09:30 AM - 09:40 AM	X ray of hand ,wrist and importance in accurate diagnosis
09:40 AM - 09:50 AM	Technical considerations in surgical management of phalangeal fractures in hand.
09:50 AM - 10:00 AM	Current concepts in metacarpal fracture management.
10:00 AM - 10:10 AM	Bennet's and Rolandos fracture of thumb metacarpal base.
10:10 AM - 10:20 AM	Diagnosis and treatment dilemia in acute PIP joint fracture dislocations.
10:20 AM - 10:30 AM	Chronic PIP joint fracture dislocation management options and outcome.
10:30 AM - 10:40 AM	Gamekeepers thumb-Diagnosis and management.
10:40 AM - 10:50 AM	Mallet finger- Treatment options.

SESSION II

10:50 AM - 11:00 AM	Overview and current consenses about acute scaphoid fractures.
11:00 AM - 11:10 AM	Video demonstration of percutaneous headless compression screw in scaphoid fractures.
11:10 AM - 11:20 AM	scaphoid non union : Decision making for choices of bone graft and implants.
11:20 AM - 11:30 AM	Keinbock's disease: When and how to save lunate.
11:30 AM - 11:40 AM	Keinbock's disease: Salvage options and their outcome.
11:40 AM - 11:50 AM	Perilunate dislocation: Diagnosis and treatment.
11:50 AM - 12:00 PM	1st CMC joint arthritis: Evaluation ,decision making and management.
12:00 PM- 12:10 PM	Soft tissue cover over fingers and hand defect
12:10 PM- 12:30 PM	Case based discussion
12:30 PM- 01:00 PM	Inaugration
01:00 PM- 01:30 PM	Lunch

SESSION III

01:30 PM - 01:40 PM	Carpal tunnel syndrome: Diagnosis and video demonstarion of technique of open carpal tunnel release.
10:40 PM - 01:50 PM	De Quervain's tenosynovitis: Diagnosis and video demonstration of 1st dorsal extensor compartment release.
01:50 PM - 02:00 PM	Trigger finger: Evaluation and video demonstration of trigger finger release.

SESSION IV

02:00 PM - 02:10 PM	Acute TFCC injury - Arthroscopic management.
02:10 PM - 02:20 PM	Ulnar styloid fracture associated with distal radius fracture: fix or not to fix?
02:20 PM - 02:30 PM	Chronic DRUJ instability: Diagnosis and management
02:30 PM - 02:40 PM	DRUJ arthritis - Salvage options.
02:40 PM - 02:50 PM	Malunited distal radius: When to intervene.
02:50 PM - 03:00 PM	Video demonstration of volar plating for fracture lower end of radius.
03:00 PM - 03:10 PM	Video demonstarion for dorsal plating for fracture lower end of radius.
03:10 PM - 03:30 PM	Validictory